



Are we game for the endgame – Daring to Dream



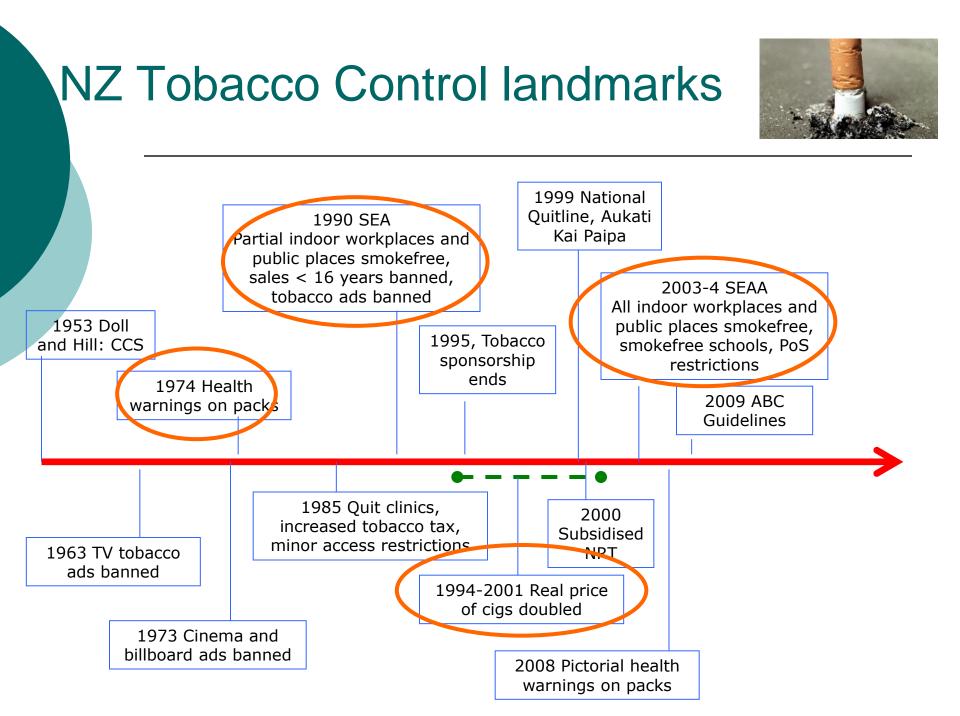
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<u>www.aspire2025.org.nz</u> <u>http://smokefree.org.nz/smokefree-2025</u> richard.edwards@otago.ac.nz

Outline

Contexts and origins Smokefree 2025 Current status – glass half empty or half full? Can we do it, and if so how? Endgame thinking Points for discussion





Māori Affairs Select Committee, 2010

L10A



Inquiry into the tobacco industry in Aotearoa and the consequences of tobacco use for Māori

Report of the Māori Affairs Committee

Forty-ninth Parliament (Hon Tau Henare, Chairperson) November 2010

Presented to the House of Representatives

"We recommend to the Government that it aim for tobacco consumption and smoking prevalence to be halved by 2015 across all demographics, followed by a longerterm goal of making New Zealand a smokefree nation by 2025."

Government response

"The Committee's report is clear that "the term 'smoke-free' is intended to communicate an aspirational goal and not a commitment to the banning of smoking altogether by 2025" (p.10). On that basis, the Government agrees with a longer term goal of reducing smoking prevalence and tobacco availability to minimal levels, thereby making New Zealand essentially a smoke-free nation by 2025."

What is a 'Smokefree Aotearoa'?

- That almost no-one will smoke (<5% prevalence)
 - Across all population groupings
- That our children and grandchildren will be free from tobacco and enjoy tobacco free lives
- That it will be very difficult to supply and sell tobacco

First country in the world to set a government tobacco endgame goal



What does 2025 look like?

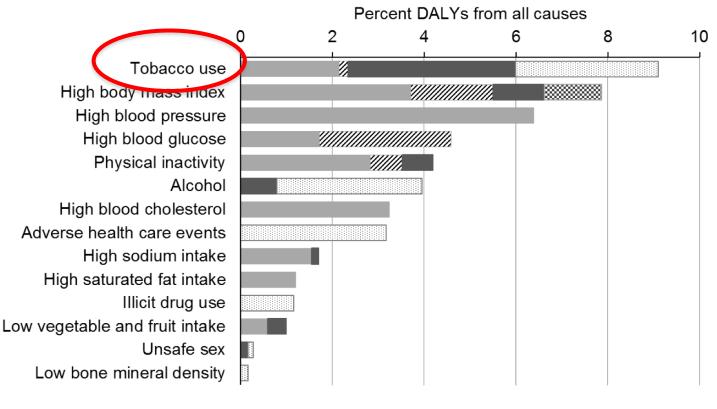
2012 Prevalence 17%

640,000 smokers 2025 Prevalence <5%

160,000 smokers

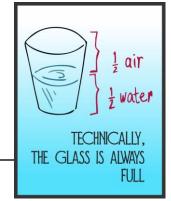
Burden of disease due to tobacco in NZ

Attributable burden (percentage of DALYs) for selected risk factors, 2006



■Vascular Z Diabetes ■Cancers Study, 2006–2016. Ministry of Health, 2013.

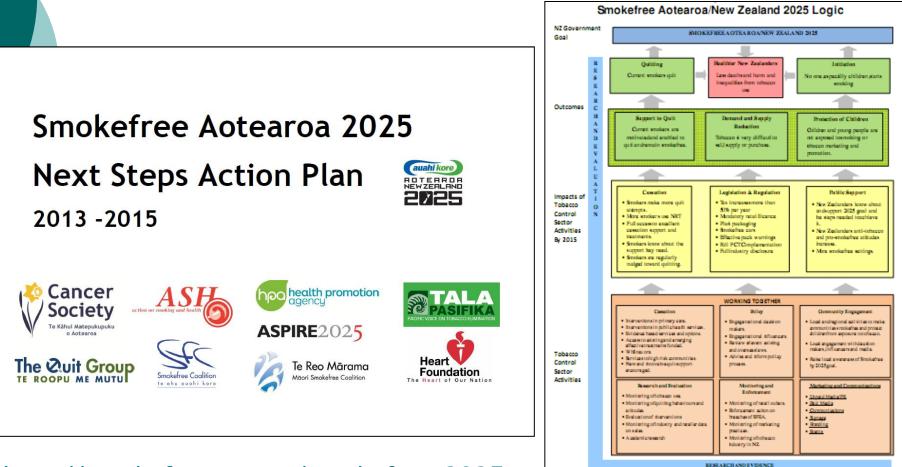
Current developments – glass half full



- National Smokefree Working Group (Feb 2012)
- The Next Steps 2011-2015
 - http://www.sfc.org.nz/documents/urgent-next-steps.pdf
- Research collaborations ASPIRE 2025 and Tūranga
 - Champion Associate Minister for Hea
 - o SF 2025 beginning to gain traction
 - public support (ahead of policy-makers)
 - local smokefree 2025 strategies
 - Continued tobacco control landmarks in NZ
 - Sustained reductions in children smoking



The Plan 2013-15



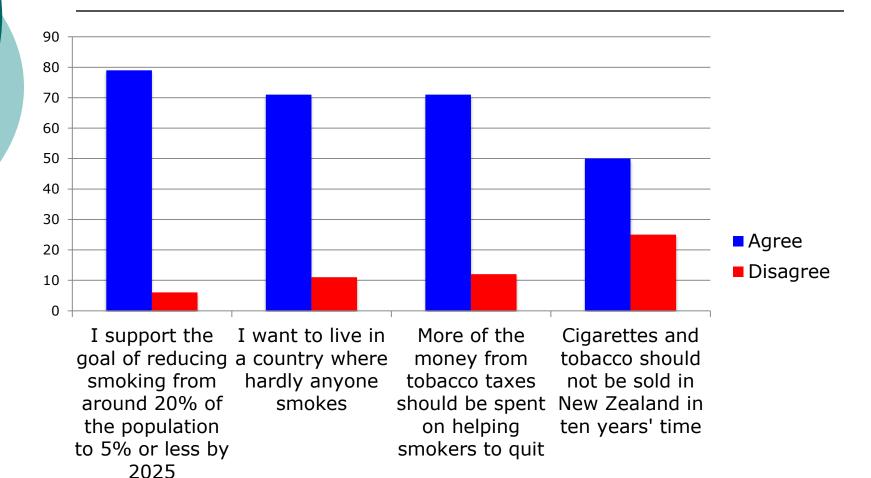
http://smokefree.org.nz/smokefree-2025

NSWG: Priorities for next year

 Substantial increase in tobacco taxation
Implement plain packaging and expand legislation to include:

- Update product disclosure scheme
- Implement control of harmful constituents
- Introduce retail licensing
- Smokefree cars with children legislation
- Ban duty free sales
- Increase mass media spend
- E-cigarette regulation on MoH workplan
- Establish monitoring and accountability framework for SF 2025 goal

Public support for SF 2025



Gendall P et al. Public Support for More Action on Smoking. NZMJ 2013; 126:1375.

Young smoker responses to Smokefree 2025 goal

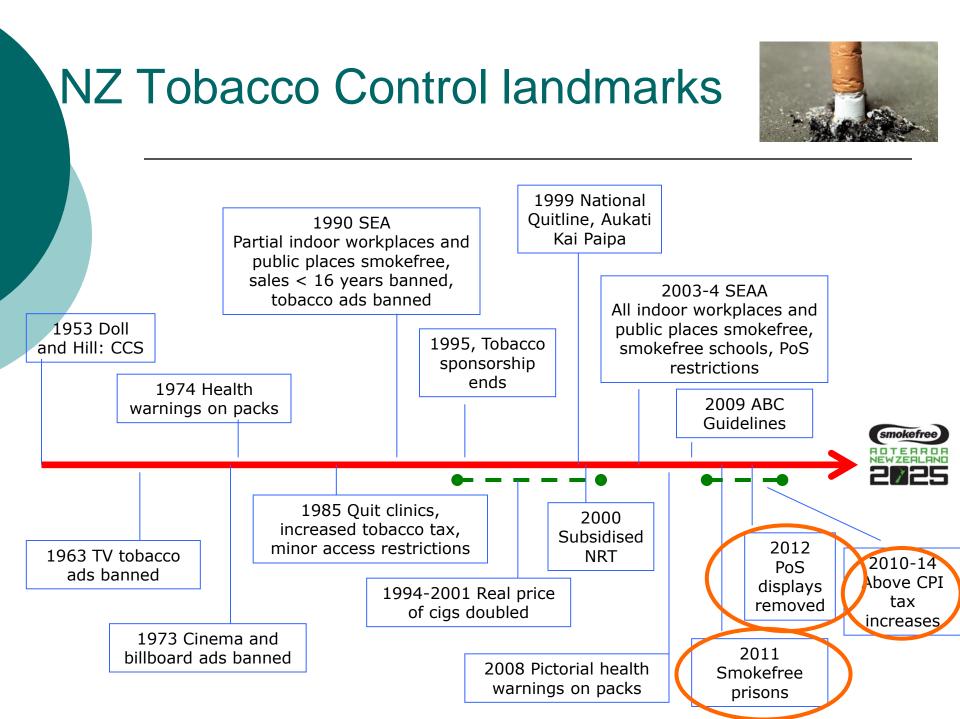
"This is awesome...This makes me feel really proud to be a New Zealander"

"I reckon it's pretty cool. I don't want to be a smoker in fifteen years."

".. it would be something that would be amazing, but I don't know how possible it would be."

"I'll be really pissed off when they it smokefree and I can't buy cigarettes any more. At least for the first two weeks .. but in the long run, I think smoking is something our country can do without."

> Maubach et al. in Press Tobacco Control



Point of sale displays removed







Local coalitions and Local action





Auckland Plan includes Smokefree by 2025

Wednesday, 11 April 2012, 3:55 pm Press Release: Cancer Society

Auckland Plan includes Smokefree by 2025

Cancer Society Auckland commends Auckland Council on the inclusion of Smokefree into the newly released Auckland Plan.

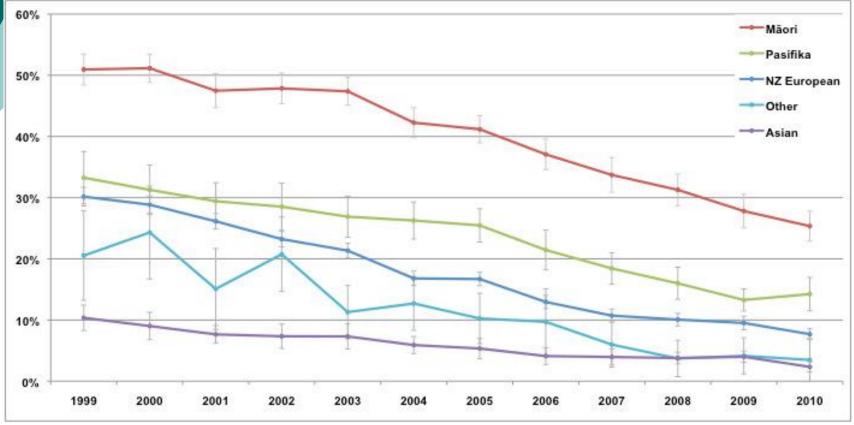
The Auckland Plan includes a clear Smokefree goal of reducing smoking rates to less than 3% by 2025. The Plan states that 'by 2025 all parks, reserves, children's play areas and other public spaces will be Smokefree', and is in-line with the Government's goal of a Smokefree New Zealand by 2025.

More Wellington Parks Go Smoke-Free 7 June 2012

All Wellington City sports parks and playgrounds are to become smoke-free areas as the Council moves to support the Government's goal of making New Zealand smoke-free by 2025.

Smoking among children

Figure 1: Trends in regular smoking for female students by ethnicity, 1999-2010



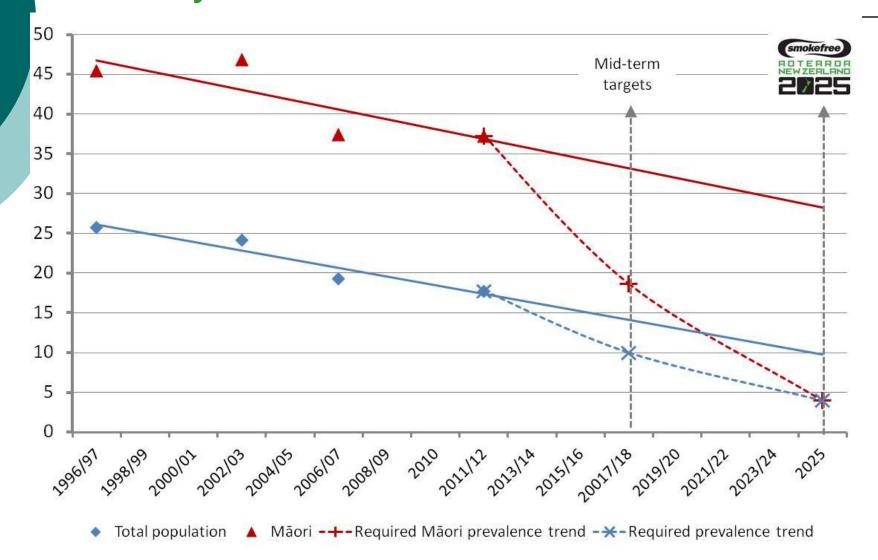
Error bars show a 95% confidence interval, adjusted for clustering of data by school

Current developments – glass half empty

- Current prevalence still around 18%, and 40% among Māori
- No govt plan or strategy lukewarm support?
- Mass media funding cuts
- Tax increases only moderate
- Plain packs will it happen?
- Concerns about International Trade agreements (TPPA)
- Tobacco industry activation



Current vs. Required Prevalence/ Why act now?



Lukewarm support: politicians (not) talking about SF 2025

	Items	Goal Ref.	
Tariana Turia	59	28	
Tony Ryall	26	1	
Rahui Katene	14	1	
Hone Harawira	13	1	
lain Lees-Galloway	13	3	
Te Ururoa Flavell	12	1	
Jim Anderton	8	0	
Phil Goff	7	1	Ben Healey et al,
Bill English	7	1	submitted for
John Key	7	0	publication

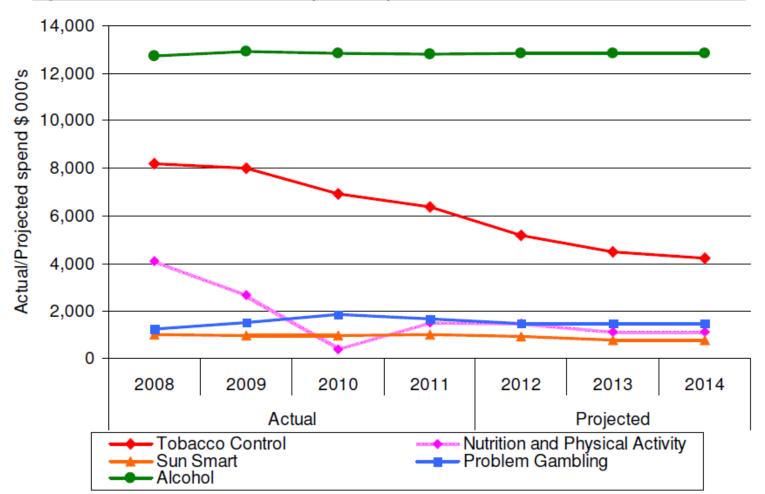
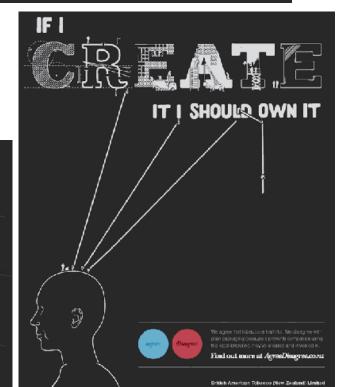


Figure 2. Year on year actual and projected project expenditure for ALAC and HSC 2008-2014.

Agree disagree (BAT)



Australian laws are right for New Zealand







Association Of Community Retailers: Research Shows Tobacco Display Bans Not Working

Home > Business

Monday, 28 June, 2010 - 14:32

Retailers' group denies tobacco industry backing

Tweet 0

Contribut Fusewor Media

4:09 PM Tuesday May 4, 2010

Media commentators are questioning the motives and backing of a new lobby group for the country's small retailers suggesting it is backed by big tobacco companies and their PR companies.

But the group says it is entirely funded from its members and rejects any suggestion it is backed by tobacco cash.



f Like 🔇 3 📿 +1



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Big tobacco fired up to fight • Tobacco giant in IRD

A lobby group of small retailers protesting the Government's tobacco price hike is receiving public relations support from Imperial Tobacco, the tobacco giant told a select committee last week.

The Association of Community Retailers (ACR), set up late last month, had earlier rejected suggestions it was backed by tobacco cash and said it was entirely funded from its members.

> http://www.stuff.co.nz/national/politics/3729009/Tobacco-giant-backs-retail-protest http://publicaddress.net/onpoint/association-of-community-retailers-again/

Two endgame strategies

1. Incremental:

Combinations of established (e.g. price, mass media) and new (e.g. plain packs, supply restrictions) tobacco control interventions

2. Incremental + radical:

Over-arching radical intervention strategies e.g. sinking lid, regulated market model, denicotinised cigarettes

Sinking Lid

Tobacco Imports

Absolute reduction in tobacco released for sale by 10% per year Phased supply and demand-side adjuncts

Massive cessation, mass media + 90% health warnings Display free stores; Plain packaging; no duty free Licensing retailers; reducing license numbers Alternative nicotine delivery systems Altering tobacco (e.g. zero nicotine cig.) 2016 2010 2012 2014 2018 2020

> Thomson G et al. Tobacco Control 2010; 19: 431-435. Wilson N et al. Tobacco Control (in press)

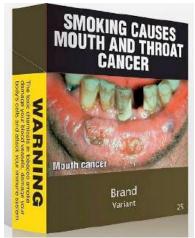
Smoking - Can we stub it out by 2025? Yes, and here is how

Enhanced cessation promotion and support (within key populations)

Substantial and sustained tax increases + co-interventions (duty free etc)

Greatly enhanced and sustained mass media interventions Other incremental measures

- Plain packaging, new health warnings
- Smoke-free cars and other smokefree policies
- Retail based interventions (licensing, proximity/density etc etc)



Smoking - Can we stub it out by 2025? Yes, and here is how

One or more radical measures

- Progressively increase age of purchase to 25 years Rapid and frequent tax increases
- Product modification nicotine, additives
- Sinking lid or radical reductions in retailer supply

[Substitute nicotine delivery products (E-cigs etc)]

Politics

- Reduce industry power and influence (? Denormalisation)
- Political will, social movement





Why endgame ideas are important

 Clarity of purpose and timelines Philosophical - Paradigm shift Enough is enough – rejection of status quo Stimulates new thinking Radical solutions for unacceptable situation Signal to smokers and stimulus to quit Galvanises us, the public, the media and policy-makers

Points for discussion

- Equity e.g. in NZ addressing smoking among Māori and Pacific
- Achieving active public support and mainstream political support
- New attitude to evidence and policy precautionary approach
- Addressing late uptake
- Rapid mass cessation
- Unintended impacts stigma and marginalisation
- Role of substitution/harm minimisation
- Which (if any) radical endgame strategies?

Daring to Dream

- Explored acceptability of a range of radical endgame strategies with policy-makers, media, practitioners and public
- Key findings
 - Ideas can be communicated to a range of audiences
 - Smokefree vision = key component of successful communication
 - Policy-maker and media interest in radical solutions
 - Public most accepting of radical ideas

Edwards et al. BMC Public Health 2011, 11:580 and 2012, 12:782

Daring to Dream

If people aren't laughing at your dreams,

your dreams aren't big enough. Robin Sharma





Kia ora Thank you

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Additional information

- NZ Parliament. Inquiry into the tobacco industry in Aotearoa and the consequences of tobacco use for Māori, Report of the Māori Affairs Committee. Wellington: New Zealand (NZ) Parliament 2010.
- Blakely T, Thomson G, Wilson N, et al. The Maori Affairs Select Committee Inquiry and the road to a smokefree Aotearoa. N Z Med J 2010;123(1326):7-18.
- Thomson G, Wilson N, Blakely T, Edwards R. Ending appreciable tobacco use in a nation: Using a sinking lid on supply. Tobacco Control 2010; 19: 431-435.
- Smokefree 2025 documents -<u>http://smokefree.org.nz/smokefree-2025</u>